

Plaats	Startnr	Naam	Teamnaam	Categorie	Onderdeel	Prestatie	Netto tijd	V minus 10%	Team prestatie
1	1522	Connor Kluivers	Running Center - Top Team - 1	Msen	5 kilometer	00:15:53	00:15:52	00:15:52	00:54:01
	1523	Tim van Leeuwen	Running Center - Top Team - 1	M35	5 kilometer	00:18:32	00:18:29	00:18:29	
	1524	Stijn Westerbeek	Running Center - Top Team - 1	Msen	5 kilometer	00:19:42	00:19:40	00:19:40	
	1526	Wout van den Berghe	Running Center - Top Team - 1	Msen	5 kilometer	00:21:20	00:21:18	00:21:18	
	1525	Luis Enrique Saa Mosquera	Running Center - Top Team - 1	Msen	5 kilometer				
2	1527	Vera Toet	Running Center - Top Team - 2	Vsen	5 kilometer	00:19:45	00:19:43	00:17:45	00:54:53
	1530	Sander Heesen	Running Center - Top Team - 2	M45	5 kilometer	00:17:50	00:17:48	00:17:48	
	1529	Kenna Kluivers	Running Center - Top Team - 2	Vsen	5 kilometer	00:21:31	00:21:29	00:19:20	
	1528	Rianne Hulshof	Running Center - Top Team - 2	Vsen	5 kilometer	00:21:38	00:21:36	00:19:26	
3	1541	René Grommen	Isendoorn College	Msen	5 kilometer	00:17:44	00:17:40	00:17:40	01:00:23
	1542	Tom Broekhaar	Isendoorn College	M35	5 kilometer	00:21:20	00:21:16	00:21:16	
	1540	Gert-Jan Leisink	Isendoorn College	M45	5 kilometer	00:21:30	00:21:27	00:21:27	
	1544	Erik Westerhof	Isendoorn College	Msen	5 kilometer	00:23:14	00:23:09	00:23:09	
	1543	Bas Hoetink	Isendoorn College	Msen	5 kilometer	00:25:01	00:24:56	00:24:56	
4	1502	Jaap van Riet	AutoCityAVK - 1	M55	5 kilometer	00:20:32	00:20:30	00:20:30	01:05:01
	1500	Liesbeth Brinkman	AutoCityAVK - 1	V55	5 kilometer	00:24:07	00:24:04	00:21:40	
	1501	Ans Hulzebos	AutoCityAVK - 1	V55	5 kilometer	00:25:28	00:25:24	00:22:52	
	1499	Michel Bodiffee	AutoCityAVK - 1	M35	5 kilometer	00:23:08	00:22:57	00:22:57	
	1498	René Scheuter	AutoCityAVK - 1	M55	5 kilometer	00:25:59	00:25:44	00:25:44	
5	1551	Bennie van Schaik	Running Center	M55	5 kilometer	00:20:11	00:20:08	00:20:08	01:05:33
	1552	Paul Valk	Running Center	M55	5 kilometer	00:21:28	00:21:25	00:21:25	
	1550	Ans Grieving	Running Center	V45	5 kilometer	00:26:46	00:26:40	00:24:00	
	1549	Jeroen Valentijn	Running Center	M45	5 kilometer	00:26:24	00:26:18	00:26:18	
6	1508	Evelien Kooij	Vrije School Zutphen VO - 1	V35	5 kilometer	00:24:54	00:24:50	00:22:21	01:11:32
	1510	Edwin de Zwart	Vrije School Zutphen VO - 1	M35	5 kilometer	00:24:38	00:24:32	00:24:32	
	1509	Veroni Savic	Vrije School Zutphen VO - 1	V35	5 kilometer	00:27:45	00:27:23	00:24:39	
	1511	Ceus Westerhof	Vrije School Zutphen VO - 1	M45	5 kilometer	00:30:03	00:29:41	00:29:41	
7	1539	Sierk Spits	Van de Brink Boek en Buro - 1	M55	5 kilometer	00:23:18	00:23:13	00:23:13	01:12:22
	1537	Roos Aalpoel	Van de Brink Boek en Buro - 1	Vsen	5 kilometer	00:26:22	00:26:05	00:23:28	
	1538	Robin Ross	Van de Brink Boek en Buro - 1	Msen	5 kilometer	00:25:55	00:25:40	00:25:40	
	1536	Johan Aalpoel	Van de Brink Boek en Buro - 1	M55	5 kilometer	00:26:34	00:26:18	00:26:18	
	1535	Ina Leferink	Van de Brink Boek en Buro - 1	V55	5 kilometer	00:35:49	00:35:33	00:32:00	

8	1477	Marc Wiegers	Aviko BV - 1	M45	5 kilometer	00:22:54	00:22:47	00:22:47	01:12:22
	1479	Lars Metselaar	Aviko BV - 1	Msen	5 kilometer	00:23:34	00:23:27	00:23:27	
	1478	Jolanda Metselaar	Aviko BV - 1	V55	5 kilometer	00:29:09	00:29:02	00:26:08	
	1476	Lisette Metz	Aviko BV - 1	V45	5 kilometer	00:32:45	00:32:40	00:29:24	
9	1562	Marjan Helmich	Tactus Verslavingszorg 2	V35	5 kilometer	00:27:58	00:27:45	00:24:58	01:15:12
	1559	Henk Jan Hof	Tactus Verslavingszorg 2	M35	5 kilometer	00:25:16	00:25:03	00:25:03	
	1558	Ilse Enzerink	Tactus Verslavingszorg 2	V35	5 kilometer	00:28:12	00:27:58	00:25:10	
	1561	Jochem Robers	Tactus Verslavingszorg 2	M35	5 kilometer	00:26:13	00:26:00	00:26:00	
	1560	Martine Koenders	Tactus Verslavingszorg 2	V45	5 kilometer	00:29:09	00:28:55	00:26:01	
10	1516	Tristan Kamp	HTH Automotive Groep - 1	Msen	5 kilometer	00:25:35	00:25:00	00:25:00	01:15:27
	1512	Leon Bolink	HTH Automotive Groep - 1	M35	5 kilometer	00:25:38	00:25:02	00:25:02	
	1514	Peter Nijenhuis	HTH Automotive Groep - 1	M35	5 kilometer	00:25:31	00:25:25	00:25:25	
	1515	Virna van den Brink	HTH Automotive Groep - 1	Vsen	5 kilometer	00:38:03	00:37:27	00:33:42	
	1513	Thijs Volkerink	HTH Automotive Groep - 1	Msen	5 kilometer	00:37:50	00:37:15	00:37:15	
11	1490	Vera Stevens	Arcus fysiotherapie - 1	Vsen	5 kilometer	00:27:14	00:26:51	00:24:10	01:15:56
	1489	Ellen van de Brink	Arcus fysiotherapie - 1	V35	5 kilometer	00:27:33	00:27:09	00:24:26	
	1491	Maaïke Venderbosch	Arcus fysiotherapie - 1	V35	5 kilometer	00:30:48	00:30:22	00:27:20	
	1492	Marije Schlepers	Arcus fysiotherapie - 1	V35	5 kilometer	00:30:48	00:30:22	00:27:20	
	1493	Anneke Makkinga	Arcus fysiotherapie - 1	V55	5 kilometer	00:33:42	00:33:16	00:29:56	
12	1534	Koos Lageveen	Thoma Groep - 1	Msen	5 kilometer	00:21:07	00:21:01	00:21:01	01:15:57
	1533	Stefan Reurink	Thoma Groep - 1	Msen	5 kilometer	00:23:21	00:23:14	00:23:14	
	1532	Björn Krabbenborg	Thoma Groep - 1	M45	5 kilometer	00:31:50	00:31:42	00:31:42	
	1531	Patrick Hijum	Thoma Groep - 1	M45	5 kilometer	00:33:32	00:33:25	00:33:25	
13	1520	Bram Hertgers	HTH Automotive Groep - 2	M35	5 kilometer	00:24:16	00:23:40	00:23:40	01:16:20
	1519	Karin Hannink	HTH Automotive Groep - 2	V45	5 kilometer	00:29:08	00:28:30	00:25:39	
	1518	Elvis Smigelskas Zilvinas	HTH Automotive Groep - 2	Msen	5 kilometer	00:27:38	00:27:01	00:27:01	
	1517	Mitchell Mäkel	HTH Automotive Groep - 2	Msen	5 kilometer	00:31:03	00:30:28	00:30:28	
	1521	Laurenz Koenders	HTH Automotive Groep - 2	M35	5 kilometer				
14	1486	Katharina van Gaalen	Qlip - 1	V35	5 kilometer	00:27:39	00:27:14	00:24:31	01:18:40
	1488	Jorrit Huis in 't Veld	Qlip - 1	Msen	5 kilometer	00:27:15	00:26:47	00:26:47	
	1487	Mijke Nijenkamp	Qlip - 1	Vsen	5 kilometer	00:30:50	00:30:25	00:27:23	
	1485	Renske Berkhof	Qlip - 1	Vsen	5 kilometer	00:31:51	00:31:26	00:28:17	
	1484	Ilona Huis in 't Veld	Qlip - 1	V35	5 kilometer	00:37:15	00:36:37	00:32:57	

15	1555	Ellen Schleedoorn	Tactus Verslavingszorg 1	V55	5 kilometer	00:28:05	00:27:51	00:25:04	01:21:16
	1553	Jorieke Boensma	Tactus Verslavingszorg 1	Vsen	5 kilometer	00:30:31	00:30:18	00:27:16	
	1557	Wesley Remmelts	Tactus Verslavingszorg 1	M35	5 kilometer	00:29:09	00:28:56	00:28:56	
	1554	Bianca Pasman	Tactus Verslavingszorg 1	Vsen	5 kilometer				
	1556	Alberto Reugebrink	Tactus Verslavingszorg 1	M45	5 kilometer				
16	1505	Mark Wiekens	Çakan Trainingen - 1	M35	5 kilometer	00:26:48	00:26:45	00:26:45	01:23:41
	1503	Malou Goris	Çakan Trainingen - 1	V35	5 kilometer	00:30:19	00:30:16	00:27:14	
	1504	Hüseyin Çakan	Çakan Trainingen - 1	M35	5 kilometer	00:29:44	00:29:42	00:29:42	
	1507	Bolien Tijkken	Çakan Trainingen - 1	V35	5 kilometer	00:34:15	00:34:12	00:30:47	
	1506	Maria Lamraoui	Çakan Trainingen - 1	V35	5 kilometer	00:36:56	00:36:52	00:33:11	
17	1496	Nicole van Dalen	Arcus fysiotherapie - 2	V45	5 kilometer	00:28:23	00:27:57	00:25:09	01:24:23
	1495	Wietske Venema	Arcus fysiotherapie - 2	V55	5 kilometer	00:31:51	00:31:28	00:28:19	
	1494	Anouk vd Graaf	Arcus fysiotherapie - 2	V45	5 kilometer	00:34:42	00:34:20	00:30:54	
	1497	Ria Kolkman	Arcus fysiotherapie - 2	V45	5 kilometer	00:35:34	00:35:08	00:31:37	
18	1548	Wouter Kors	Ambulante Zorg Oost	M35	5 kilometer	00:26:50	00:26:17	00:26:17	01:26:56
	1547	Mariët Hendriks	Ambulante Zorg Oost	V35	5 kilometer	00:33:28	00:32:53	00:29:36	
	1545	Sjoerd Botschuijver	Ambulante Zorg Oost	M35	5 kilometer	00:31:37	00:31:03	00:31:03	
	1546	Gea Droppers	Ambulante Zorg Oost	V35	5 kilometer	00:38:43	00:38:08	00:34:19	
19	1481	Koen Postm	Amcor Flexibles - 1	Msen	5 kilometer	00:24:58	00:24:25	00:24:25	01:31:44
	1482	Kevin Koudijs	Amcor Flexibles - 1	Msen	5 kilometer	00:31:54	00:31:21	00:31:21	
	1480	Paul Thijssen	Amcor Flexibles - 1	M45	5 kilometer	00:36:32	00:35:58	00:35:58	
	1483	Martin Jakobs	Amcor Flexibles - 1	M55	5 kilometer				